ROD AUTISM TEAM contact us at: 812-623-2212 or email: autismteam@rodspecialed.org

March 2018

RIPLEY OHIO DEARBORN SPECIAL EDUCATION COOPERATIVE



Visit Erskine Green Training Institute

A one-of-a-kind postsecondary program, EGTI provides vocational training for a variety of jobs in the hotel, food service and healthcare support environments. It, along with its attached 150–room Courtyard Muncie at Horizon Convention Center hotel, is an immersive learning environment.

Register by emailing info@erskinegreeninstitute.org

Erskine Green Training Institute (EGTI) will hold a **Visit Day on April 10** from 9 a.m. to 12 p.m. EST for students, parents, and teachers looking to learn more about the program During the three hours, attendees will hear from EGTI staff, alumni and parents, and receive a tour of our facility and Ball State University where EGTI students dine and participate in activities.





Published online at: https://www.iidc.indiana.edu/pages/summer-camps-and-programs

Summer 2018 Camps and Programs

Compiled by Marci Wheeler, M.S.W. Sharon Galloway, BS, MSW Graduate Student, and Jonah Simon, BA, MSW Graduate Student



Please note that this directory has been compiled and posted as a service to the community. The Indiana Resource Center for Autism (IRCA) does not endorse any particular activity or organization on this list. Camps listed specifically serve persons with disabilities and/or include this population in their program. Some solely serve children and/or adults on the autism spectrum. Parents are advised to investigate the opportunities presented below to determine the appropriateness of each activity for their family member.

More and more families are checking their local YMCA, Parks and Recreation department, and even private gyms, recreational facilities and local Girl Scout councils and finding that programs have been, or are being, developed for children and/or adults with disabilities. For example, there are martial arts programs available in some communities for individuals with special needs, and there are martial arts programs that include people on the autism spectrum.

Some programs have an "inclusion coordinator" or other staff designated to support children and/or adults with disabilities. Within this listing, you will notice a few programs offered by these types of organizations around Indiana. You are encouraged to check with various organizations in your community to inquire about their specialized programs and/or supports within existing programs to accommodate children and adults with disabilities, including individuals on the autism spectrum.

Additionally, Special Olympics Indiana might be an option for your family members who have an interest in playing a variety of sports. Special Olympics Indiana provides year-round sports training and athletic competition in over twenty Olympic-type sports for children and adults with disabilities in communities across Indiana. To find out more about Special Olympics Indiana programs, and/or opportunities to get involved in your area, check out their website at http://soindiana.org/ or call 800-742-0612.

Another avenue for locating and pursuing summer camps and programs might be found at your local college or children's museum. Though not designed specifically for children or teens with ASD, some may offer programs which focus on a special interest and/or special talent that matches well with your family member.

Additionally, while all attempts were made to make this list as comprehensive as possible, there may be other programs and/or camps in your area. In the event you know of an opportunity not appearing on this list, please send the details to us via Marci Wheeler at mwheeler@indiana.edu or at 812-855-6508 and we will be happy to add it.

UTS Summer Camp

Unlocking The Spectrum, Bloomington Office 451 Parkridge Road, Suite 102, Bloomington, IN 47401 Location: Unlocking The Spectrum, Bloomington, IN

Unlocking The Spectrum - Columbus/ Seymour Location: Unlocking The Spectrum, Seymour, IN

Unlocking The Spectrum, Terre Haute Office 3464 S 4th Street, Terre Haute, IN 47802

Location: Unlocking The Spectrum, Terre Haute, IN

Dates: From June through July 2018 (Monday-Friday). Registration begins March 1, 2018 (early registration recommended).

Cost: Insurance covers most costs and determines number of camper hours. Contact: Camp Coordinator, Lori Poppe at 317-334-7331 or toll free at 855-INFO-UTS (855-463-6887), or email <u>Lpoppe@unlockingthespectrum.com</u> Website: <u>http://unlockingthespectrum.com</u>

UTS summer camp is specifically designed to meet the needs of children with autism spectrum disorders. UTS's summer camp will incorporate highly individualized goals and skill building into each activity to include highly focused and individualized attention provided by a 1:1 ABA therapist who is assigned to each individual camper. Camp activities will include a wide range of interesting, child-centered, and fun opportunities. Peer interaction and cooperation will be highlighted. Campers will participate in arts and crafts and outdoor play as well as community activities to include swimming, the zoo, the children's museum, and much more.

Greenwood (Johnson County)

Johnson County Autism Support Group Camp Can Do

Location: Whiteland High School, 9th Grade Center, 222 Tracy Street, Whiteland, IN 46184 Dates: June 11-15, June 18-22, & June 25-29, 2018, Monday-Friday, 9:00am-4:00 pm Cost: \$150/per week for Johnson County residents, otherwise \$175/per session; \$75 discount if registering for all weeks.

Contact: Amanda Cooper at 317-409-8372, or email Amanda@jcasg.org

Website: http://jcasg.com/camp-can-do

Summer day camp for children with autism offers two great programs for students ages 12-18. Traditional camp activities will be led by trained staff and will incorporate a variety of life skills in a fun learning environment.

Indianapolis (Marion County)

CampAbility

Easterseals Crossroads

4740 Kingsway Drive, Indianapolis, IN 46205

Location: Hilltop Developmental Preschool, 1915 E 86th Street, Indianapolis, IN

Dates: Three Sessions: June 11-21 & July 9-19, 2018 operate Monday-Thursday both weeks: June 25-July 3, 2018 operates Monday-Friday first week and Monday-Tuesday second week. All camps run 9:00 am-3:00 pm daily. Before and after care available at extra cost.

Cost: \$300 per session (scholarships available)

Contact: Karen Kelley at 317-466-1000, or email <u>kkelley@eastersealscrossroads.org</u> Website: <u>http://www.eastersealscrossroads.org</u>

CampAbility is a traditional summer day camp for children ages 4-10 (as of June 1, 2018) with all types of special needs. This summer, CampAbility will consist of three 2-week sessions that will include theme days, field trips, guest visitors, and lots of outdoor fun.

Camp Delafield

Dyslexia Institute of Indiana 8395 Keystone Crossing, Suite 102, Indianapolis, IN 46240

Location: Colonial Christian School, 8140 Union Chapel Road Indianapolis, IN 46240. Dates: June 11-July 13, 2018 (closed July 4-6), Monday-Thursday 8:00 am –4:00 pm & Fridays 8:00 am –12:00 pm Cost: \$3,500; some financial assistance may be available. Contact: Lindsay Golden Colip at 317-222-6635, or email <u>lgolden@diin.org</u> Website: <u>https://www.diin.org/camp-delafield/</u>

Camp Delafield provides both a rigorous academic program and a diverse arts and recreational program for children ages 7-12 with dyslexia/specific learning disabilities.

Camp Eagle: Soaring Above Expectations

The Indiana Institute for Behavior Analysis

5825 N Michigan Road, Indianapolis, IN 46228

Dates: June 5-July 27, 2018. Camp hours are Monday-Thursday, 8:30 am -4:00 pm; Fridays,

8:30 am -12:30pm with schedules tailored to camper's needs.

Cost: May be covered by insurance plan; contact office.

Contact: 317-292-1919, or email info@tiiba.org

Website: https://www.tiiba.org/

Camp will be fun and educational. Skills addressed include communication, social, executive functioning, daily living skills and building positive behaviors. Campers from ages 3-19 are grouped by ability level and staff to camper ratio is 1:1.

Camp FUEL

Easterseals Crossroads 4740 Kingsway Drive, Indianapolis, IN 46205

Location: J Everett Light Career Center 1901 E 86th St, Indianapolis, IN 46240 Dates: Three Sessions: June 11-21 & July 9-19, 2018 operate Monday-Thursday both weeks: June 25-July 3, 2018 operates Monday-Friday first week and Monday-Tuesday second week. All camps run 9:00 am-3:00 pm daily. Before and after care available at extra cost. Cost: \$300/session

Contact: Angie at 317-466-1000 ext. 2420, or email <u>ahilligoss@eastersealscrossroads.org</u> Website: <u>http://www.eastersealscrossroads.org</u>

This summer Camp FUEL offers Fun and Unique Experiential Learning activities for adolescents with disabilities and special needs who are ages 11-17 years old (as of June 1, 2018). Includes skill building, field trips, peer mentoring, and special guests.

Lafayette (Tippecanoe County)

iD Tech Camp, Purdue University

910 E Hamilton Avenue, Suite 300, Campbell, CA 95008 Location: Purdue University campus, West Lafayette, IN

Dates: Week-long sessions from June 4 through July 13, 2018; varying themes

Cost: Varies by course, call for registration information

Contact: 888-709-8324, or email rbarone@idtech.com

Website: https://www.idtech.com/locations/indiana-summer-camps/

Code, game, create. At iD Tech, students ages 6-18 code apps, design video games, mod in Minecraft, engineer robots, build websites, produce movies, and more. Students meet new friends and gain a competitive edge for school and future STEM careers.

Camp Achieve

Ball State University Center for Autism Spectrum Disorders 2000 W University Ave, Muncie, IN 47306 Dates: TBA check-in online for more information and registration details Cost: Free to families; insurance paid Contact: 765-285-5260, or email ASDachieve@bsu.edu Website: https://cms.bsu.edu/academics/collegesanddepartments/teachers/aboutus/outreach/ center-for-autism-spectrum-disorder/camp-achieve Camp is designed to improve the social skills and behaviors of children with autism spectrum disorders as well as help maintain their current academic skills throughout the summer by providing innovative programming and therapeutic recreational activities. The day camp is a 5-week intensive experience for children classified with autism spectrum disorders. Campers will participate in various small and large group camp activities involving embedded academics such as Math relays, Science integrated with outdoor skills, and working together to prepare scripts and performances in Language Arts class. Campers will also receive group counseling each day where the focus will be to enhance socials skills. These social skills as well as all behavior intervention plans will be supported by camp staff throughout the day with therapeutic recreational activities. Ages 6-12.

Purdue Autism Cluster Summer Camp

715 Clinic Drive, West Lafayette, IN 47907 Location: Lyles-Porter Hall, Purdue University Dates: 2018 Camp dates to be announced; check-in online for more information Cost: No cost for eligible 9- to 12-year-olds; Contact Dr. Keehn for registration. Contact: Dr. Brandon Keehn at 765-496-0204 or email <u>bkeehn@purdue.edu</u> The Purdue Autism Cluster (PAC) summer camp combines autism research with social skills therapy for eligible 9- to 12-year-old children with autism. Eligibility testing needs to be completed prior to enrollment. Eligible campers will participate in pragmatic language groups designed to provide interaction and practice with peers during motivating activities. Parents have an opportunity, at the end of the program, to meet with clinical staff to discuss their child's progress.

For a complete list of Summer 2018 Camps, click this link!

https://www.iidc.indiana.edu/pages/summer-camps-and-programs.

Wheeler, M., Galloway, S. & Simon, J. (2018). Summer 2018 camps and programs. The Reporter 22(10). Retrieved from <u>https://www.iidc.indiana.edu/pages/summer-camps-and-programs</u>.

Published online at http://autismteachingstrategies.com/wp-content/uploads/2013/05/Relating-to-Girls-Panels-Cards-2.pdf

Helping Teen Boys with High Functioning

Autism to Relate to Girls:

Card game activity and social skills teaching materials

Boys with Asperger's / High-functioning autism face special challenges in understanding and relating to girls

In this blog post, I offer some basic background on issues affecting teenage boys on the autism spectrum pertaining to their relationships with girls, and then I provide some social skills teaching materials for mental health professionals, teachers and speech-language pathologists to use in their work.

Problem 1: Difficulties understanding the interests and perspectives of girls and women

Children on the autism spectrum have challenges with "theory of mind," that is, understanding what other people might be thinking. This presents particular problems when a boy with high functioning autism is dealing with individuals of the opposite gender. (It is hard enough, after all, for males who do *not* have autism).

Problem 2: Difficulties with verbal and nonverbal elements of communication

With regard to nonverbal communication, when interacting with girls, boys on the autism spectrum have a tendency to make mistakes with eye contact and personal space. Eye contact errors fall into two categories. First, many boys with high functioning autism find it very difficult to look into the eyes of other people when they are talking. This can cause them a lot of anxiety and break their concentration. Second, boys who are attracted to girls might not understand the negative social impact of staring at girls in a conspicuous manner. Personal space errors can occur when a boy on the autism spectrum gets too close to a girl or touches her in an unwanted manner.

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With respect to verbal communication, boys with high functioning autism face many challenges when communicating with girls. They might wish to compliment a girl, but they may not understand the unwritten social rules about bluntly complimenting a girl's attractive features. Boys on the spectrum might find it overwhelmingly difficult to find common ground in conversation with a girls, and boys might consequently fall back on their preferred interests in conversation.

Problem 3: Difficulties with appearance and hygiene

Right around the time that boys on the autism spectrum may be first feeling attraction to girls, they are in the process of taking over numerous self-care tasks from their parents. Consequently, many teenage boys with ASD have problems with hygiene, attire and grooming. They may have dirty and unkempt hair. They may bathe infrequently or inadequately. Likewise, they often neglect dental hygiene. They may select clothing based on comfort or habit rather than fashion. All of these problems present enormous liabilities when relating to young females, who, compared to young males, are more inclined to be aware of hygiene, smell and appearance.

Problem 4: Fundamental challenges finding compatible romantic partners

Autism affects far more males than females. This, unfortunately, puts young men on the autism spectrum at a statistical disadvantage. Males with autism do, of course, often date and marry females who are not on the spectrum. However, young men with autism often have a special affinity for young women on the spectrum – but relatively few of these females with ASD are out there.

A note about young gay people on the spectrum:

In our work with young men with autism, we of course come into contact with males who are attracted to males. Please be aware that you can modify the materials below to address the needs of this population. And, by the way, there is a terrific, short autobiography by a man with Asperger's who happens to be gay – *Born on a Blue Day* by Daniel Tammett.

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The image below shows several of the cards. You can use these in individual, group or small class-size interventions. Here are some suggestions. First, you could arrange the cards into three piles by card type. Then, you could, by roll of dice, have participants pick from one of three card types (roll of 1 or 2, or 3 or 4, or 5 or 6 determines which card is selected). Alternatively, shuffle the cards and have participants select them an random.



About role playing in the "Act it out" cards:

The majority of guidance counselors, psychotherapists, special education teachers and speech-language pathologists are females. Working with boys who are trying to learn to relate to girls, you have certain practical advantages if you are female. This allows you to play the role of the "girl" in the role plays I have set up in the "Act it out" cards.

How to use the free materials provided in this post:

The image below shows the teaching panels as they might appear if you placed them on the wall in a bulletin board fashion. You could also bind them together to create a simple, nine-page book.



About the "Fix the Thought" cards:

Here is a suggestion on how to use these cards. Introduce these cards by saying something like this: "Certain thoughts and beliefs can lead to all kinds of upsetting emotions and make these bad feelings much worse. If you can notice them and fight them, you can feel less upset." Then, you, the adult, can try holding the card over your head and say, "Let's pretend I am a person having this thought." Then, you act out the role of someone having the thought, and ask the participants to give you advice and tell you what better alternative thoughts you might try.

I wish you well in your work helping boys on the autism spectrum to understand and relate to females. By the way, if your organization wants to receive training on using social skills training materials for children on the spectrum, I provide workshops nationwide. To learn more, please follow <u>THIS LINK</u>.

To download and print the entire card game activity and social skills teaching materials, click on the link below:

http://autismteachingstrategies.com/wp-content/uploads/2013/05/Relating-to-Girls-Panels-Cards-2.pdf

The books below can be purchased at: www.amazon.com

Books about Body Development and sexuality for preteens and teens



The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know! by Davida Hartman, one of the most respected educators for children with autism and developmental disabilities. It explains the growth spurts, body changes and mood swings of adolescence for boys aged 9-14. This is a time when bodies start acting with a will of their own, friendships change and crushes start to develop. The "Growing Up Books" use direct language and cool color illustrations, this book helps boys understand what they need to know about growing hair in new places, shaving, wet dreams, unexpected erections, and more.

The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know! by

Davida Hartman. A one-stop guide for young girls that explains about puberty and adolescence. Using simple, literal language and fun color illustrations, this book explains the facts about body changes such as growing hair in new places, periods, wearing a bra and more.





Middle School – The Stuff Nobody Tells You About: A Teenage Girl with ASD Shares Her Experiences by Haley Moss, a teenage girl with autism. This book has received excellent reviews and comes highly recommended for middle school girls. Also, by the same girl a few years later... <u>A Freshman</u> Survival Guide for College Students with Autism Spectrum Disorders: The Stuff Nobody Tells You About!



Published online at http://ourcrazyadventuresinautismland.com/registering-yourson-with-autism-for-selective-service/

REGISTERING YOUR SON WITH AUTISM FOR SELECTIVE SERVICE By Penny 6 COMMENTS

Registering your son with autism for selective service may feel a bit surreal to do on his 18th birthday. After all, you may be looking at a lifetime of care for your child. He may be non-verbal or pretty severe in terms of his autism level. You know there is no way he could ever serve in the military should a draft occur so you wonder if this step is necessary. Indeed it is if you want to get any sort of government assistance like SSI or Medicaid for your child. Let's walk through this step by step to alleviate your fears.



WHAT IS SELECTIVE SERVICE?

According to the Selective Service website:

"With very few exceptions, all males between ages 18 and 25 must register with the Selective Service System (SSS) within 30 days of arriving in the United States. This includes U.S. born and naturalized citizens, parolees, undocumented immigrants, legal permanent residents, asylum seekers, refugees, and all males with visas of any kind which expired more than 30 days ago. The few individuals who are exempt from this requirement are those on current non-immigrant visas."

By making every man age 18 - 26 register for the draft, it makes it fair and equitable to everyone. What is does not do is sign your child up for the military or give his name to military recruiters. It is simply put in the system for use in the unlikely event of a draft. For the record, there has not been a draft in the United States since 1973 when all the armed forces went to an all-volunteer enlistment.

WHAT ABOUT MY SON WITH AUTISM?

The Selective Service website is very clear on this matter. Under the heading "Men With Disabilities". it states:

"Men who have a disability and who live at home must register with Selective Service if they can reasonably leave their homes and move about independently. A friend or relative may help a disabled man fill out the registration form if he can't do it himself.

These men with disabilities that would disqualify them from military service still must register with Selective Service. Selective Service does not presently have authority to classify men, so even men with obvious handicaps must register, and if needed, classifications would be determined later."

If your son with autism isn't bed bound, then he is required to register plain and simple. Selective Service isn't the draft but a way to implement a draft should one be needed. There is no system in place with Selective Service for them to classify who needs to register and who doesn't. Your son may be called in the unlikely event of a draft but would still need to pass a military physical as well as mental tests. Men with autism, even high functioning or level one men, are not going to be able to pass the cognitive tests. You can also file exemptions at that time showing your child has autism therefore making him ineligible to serve in the armed forces. None of these scenarios can happen before your son is called into the draft.



WHAT HAPPENS IF I DON'T REGISTER MY SON WITH AUTISM FOR SELECTIVE SERVICE?

This answer is pretty clear as well as severe. Your son gets until age 26 to register. After that the door is closed, so to speak, making your son ineligible for

- financial aid from colleges
- Workforce assistance
- SSI as well as most government programs

If your child is not already a US citizen, not registering before age 26 will take that option away permanently.

If that wasn't enough to make you want to register him, finding out that it's a felony punishable by up to a \$250,000 fine in addition to up to 5 years in prison.

HOW DO I REGISTER MY SON FOR SELECTIVE SERVICE?

Any US post office will have the forms necessary to register <u>Register online</u> Some states automatically register if an identification card has been issued

In the grand scheme of things, registering for Selective Service will not affect your child in any way. IF a draft should occur (that's a big IF by the way), there are protocols in place to keep people with disabilities from serving in the military. Not registering will have far more repercussions than registering. We lived in one of the states who automatically registered Logan when he turned 18 because he had an identification card. After careful research, I am not concerned that he would be enlisted. Do what is required to keep your son eligible for programs he may need in the future.

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Published online <u>https://www.iidc.indiana.edu/pages/incidence-of-autism-spectrum-disorders-in-</u>indiana

Increasing Incidence of Autism Spectrum Disorders Continues in Indiana

Contributed by Dr. Cathy Pratt, BCBA-D

Director, Indiana Resource Center for Autism

In 2008, based on a sample of 8 year olds, the Centers for Disease Control (CDC) reported that the prevalence of autism had risen to 1 in 88 in American children. By 2010, using a similar sample, it was announced that the incidence had climbed to 1 in 68. Based on these latest numbers, 1 in 42 boys and 1 in 189 girls are being diagnosed with an autism spectrum disorder (ASD). Three years ago in a national telephone survey of 100,000 families, the incidence was projected at 1 in 50. The CDC just released new incidence numbers based on input from 11 states. The incidence remains stable at 1 in 68. (Note: Different data collection methods will often yield differing results.)

So, what does this mean for Indiana? Since no database currently exists in Indiana with the actual number of people on the autism spectrum, either statewide or by county, the only real figure comes from the December 1 child count data collected by the Indiana Department of Education, Department of Special Education. These data are collected from all public school districts across Indiana. The chart at the end of this article illustrates the increasing incidence of ASD since 1999.

According to the child count data from December 2012, the number of children served under the diagnostic category of ASD was 13,020; and with the December 2013 data, the number had grown to 13,675. By December 2014, this number had grown to 14,179 and by December 2015 there was an increase from the previous year of 1,112 for a total of 15,291. Last year's child count data (December 2016) was 15,815 for an increase of 524 students ages 3-21. This year's child count data (December 2017) for children ages 3-21 was 16356 for an increase of 541.

The number of students enrolled in Indiana's public and non-public schools during the 2017-2018 school year is 1,139,822. Using this data and the child count data from December 2017, approximately

14.35 per 1,000 students in Indiana have a diagnosis of ASD. Last year's identification rate was 1 in 72. This year's identification rate is 1 in 69.69. The child count data does not include children who are not on special education service plans, are home schooled or are in non-public schools. All who have either an IEP or special education service plan are counted. The other reality is that many of these children come with complex issues and support needs. According to the CDC, ASD commonly co-occurs with other developmental, psychiatric, neurologic, chromosomal, and genetic diagnoses. The co-occurrence of one or more non-ASD developmental diagnoses is 83% and maybe as high as 90%. The co-occurrence of one or more psychiatric diagnoses is 10%. The potential impact on our schools and other service delivery systems continues to be tremendous. Education services and an array of community supports are needed to successfully support children and adults on the autism spectrum.



Pratt, C. (2018). Increasing incidence of autism spectrum disorders in Indiana. *The Reporter, 22*(11). Retrieved from https://www.iidc.indiana.edu/pages/incidence-of-autism- spectrum-disorders– in-Indiana

Indiana Resource Center for Autism & Indiana Institute on Disability and Community & Indiana University, Bloomington 1905 N Range Road & Bloomington, IN 47408-9801 & 812-855-6508 & Fax 812-855-9630 & https://www.iidc.indiana.edu/irca